



**Murphy
Avenue**
pet • clinic

My Pet's Routine

A Daily Diary

Quality of Life Assessment

Murphy Avenue Pet Clinic believes as you do, that your pet is family and deserves the highest quality of life possible.

As your partner in pet care we will always provide service in the best interest of your pet for their happiness, health and longevity.

Please use this sheet to track your pet's routine. Rate your pet's levels of health and happiness using the scale below. Add in your thoughts and experience under the notes section and bring this sheet back to us so we may discuss your results.

Rate according to your best judgment. You may assign a value other than 10, 5 or 0.

Please note a rating of **zero** in any category may require immediate medical attention. Call or come to the hospital right away.

Date	Energy & Mobility	Food & Water	Elimination	Behavior & Mood	Pain & Breathing	Notes: Highs, Lows, Hygiene, Playfulness, Affection, Rate the Day Overall

Energy & Mobility: 10= Runs and Jumps, Fully Active, 5= Moves Slowly, Needs Pain Medication, 0= Can't Walk, Not Moving

Food & Water: 10= Eating and Drinking Fully, 5=Eating or Drinking Slowly, Less Than Usual, 0= Vomiting or Diarrhea, May be Refusing to Eat

Elimination: 10= Urination and Defecation Normal, 5= Needs Assistance: Manual Expression, Carry Outside, 0= Lies in Own Urine or Feces, Unable to Control Elimination

Behavior & Mood: 10= Happy, Enjoys Interaction, Normal, 5= Spends Half Time Interacting, 0= Hides, Nippy, Wants to be Alone

Pain & Breathing: 10= Pain Free, No Coughing, No Wheezing, 5= Needs Pain Medication 75% of the Time, Pants When at Rest, Has Bouts of Coughing or Wheezing, 0= Crying Out in Pain, Difficult or Open Mouth Breathing